

Food and Medicine in the Time of the Epicureans in Ancient Greece and Rome

Post by “Joshua” of August 21, 2022 at 11:05 PM

When I toured the Jack Daniel's distillery, I was surprised to see that they opened the fermentation vats and allowed people to peek their heads in. But when the brew comes out fermented, distilled, and charcoal filtered, it's 40 percent alcohol and they spray it on your hands as a sanitizer.

Somebody did an analysis of all of the species of wood used in surviving furniture from Pompeii and Herculaneum; acacia, alder, ash, beech, boxwood, walnut, wild olive, willow, making up stools, crates, tables, bedframes, and shrines to the household gods. There's a particularly poignant cradle on rockers.