

PD19 And The Meaning Of No "Greater" Pleasure

Post by "Don" of August 21, 2022 at 1:21 PM

[Quote from Don](#)

once the glass is full, it's full. Whether the glass stays full a day or an infinite time, it's the same volume.

In rethinking my comment there, I want to emphasize that the goal is to keep the glass full all the time by having banished fear, anxiety, etc. until you die. I don't want it to be understood as [Cassius](#) 's being full "for a moment" comment. Because of the glass is full and you die tomorrow or you die 100 years from now, it's the same limit of pleasure.

PS: That's why I think ataraxia and aponia are necessary components in an Epicurean worldview / perspective / paradigm (take your pick). To me, that's what keeps the glass full while, at the same time, allowing one to experience the "limit of pleasure" while going about your daily routine of laughing, loving wisdom/philosophizing and tending to one's home life and using one's other goods. Having that glass full is what saturates ones life with pleasure and also allows one to enjoy the other pleasure of life unalloyed with anxiety or pain. There's no room for ascetism or self-mortification within that worldview.