

# Kungi's Natural and Necessary Discussion

**Post by "Godfrey" of August 1, 2022 at 5:13 PM**

It might be more relatable and/or useful to those of us who are not interested in power or unlimited wealth to think about the desires to live forever, to have perfect health, or some other visceral desire. By visceral, I mean something that we've reasoned out for ourselves. We've come to the intellectual conclusion that the particular desire is limitless, yet we still subtly (or not) experience it on a physical level.

Other examples might be media influenced: the desire to look a certain way, to weigh less or more. I think that a big part of the vain desires are to some extent unconscious, so only by really being aware of our feelings do we become aware of them.

What I'm thinking of are desires that we can wrestle with as individuals, as opposed to desires that are easier to discuss and resolve intellectually. Both are important, but the personal wrestling matches are how we can really dig in for a deeper understanding.