

# EPICURUS ON PLEASURE, A COMPLETE LIFE, AND DEATH:A DEFENCE - ALEX VOORHOEVE

Post by "Cassius" of July 31, 2022 at 11:22 AM

[Quote from Kalosyni](#)

The more time I spend thinking on this, the more I think that there really ought to be a list! If you take a step back and think: human beings are a type of animal and what does the human animal need to feel happy?

I agree that would be the way to ask the question. Not necessarily a list of activities that everyone needs to experience , but another sort of list.