

EPICURUS ON PLEASURE, A COMPLETE LIFE, AND DEATH: A DEFENCE - ALEX VOORHOEVE

Post by “Kalosyni” of July 29, 2022 at 8:06 AM

I definitely want to read these articles -- they are now on my ["to-do list"](#)! 😊

[Quote from Don](#)

once we have attained tranquillity, our lives are complete. After all, tranquillity is meant to be attainable even when death is imminent.

I have to say, I am not sure I agree with this.

When death is imminent then yes I agree with the need for tranquillity.

Yet, when death is not imminent, there is more than tranquility needed for a complete life. There was a moment in which I had a peak experience, in the past -- it was a state of pure bliss, and it was at that moment that I felt my life was complete. It was a completely "safe" experience but I wouldn't say it was "tranquil" one bit because it was active and in motion -- it was a active and ecstatic experience.

[Quote from Don](#)

As the Epicurean philosopher Philodemus put it: “The one who understands, having grasped that he is capable of achieving everything sufficient for the good life, immediately and for the rest of his life walks

about already ready for burial, and enjoys the single day as if it were an eternity” (De Morte XXXVIII.14-19 in Warren 2004, p. 152).

This is interesting, as it almost seems like a state of "enlightenment" -- I think that the question here is what is the "good life"? What does the "good life" look like or entail?