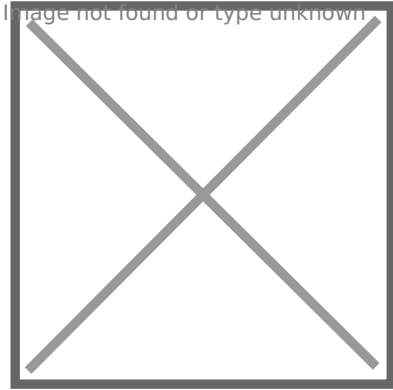


EPICURUS ON PLEASURE, A COMPLETE LIFE, AND DEATH: A DEFENCE - ALEX VOORHOEVE

Post by "Don" of July 27, 2022 at 6:51 AM



[Epicurus on Pleasure, a Complete Life, and Death: A Defence](#)

Epicurus argued that the good life is the pleasurable life. He also argued that "death is nothing to us". These claims appear in tension. For if...

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Has this been shared before?

In light of the recent threads on desires, I thought this has some interesting takes. I haven't finished reading the entire paper/chapter but did see statements like this:

Now, with regard to such natural and unnecessary desires, Epicurus' recommendations seem to have been as follows. So long as these desires are not based on false belief (say, the belief that one simply could not be happy without finery, when in fact one could adapt perfectly well to going about in simple clothes), and so long as one could be sufficiently confident that one would always be able to satisfy them without causing pain or distress, there is no objection to developing them, maintaining them, or seeking to satisfy them.

That to me is at least a step in the right direction.

And I have no qualms about the author's mention of "tranquility." He's not saying that is the only thing, and from all I read Epicurus stressed that we need a calm peaceful mind and a healthy body if we are to lead a pleasurable life.

Now, I need to finish reading...