

# Kungi's Natural and Necessary Discussion

**Post by "Godfrey" of July 25, 2022 at 2:08 PM**

One way to think about "absence of pain" and "living in a cave" is that it's actually rather unnatural to live that way. Unless you're thinking in terms of how early humans lived, which I don't think is what Epicurus had in mind as his philosophy is intricately tied to the society in which he lived.

The feelings of pleasure and pain are an entirely natural faculty. Our goal is to live the most pleasant life, which we do by listening to our feelings and using them as a guide to action. A person who is striving for maximum frugality is at some point going to experience mental and/or physical pain. If they ignore that pain then they're doing the same thing that in other situations clearly leads to unnatural desires, in this case the unnatural desire for frugality. If a person thrives on frugality, and either experiences no pain or examines their pain and determines that bearing that pain will lead to greater pleasure for themselves, then for them the desire for frugality could be considered natural and unnecessary.