

# Kungi's Natural and Necessary Discussion

**Post by "Don" of July 25, 2022 at 7:24 AM**

My take has been to understand Epicurus's point as "If your circumstances, for some reason, made it so that you \*had\* to live in a cave by yourself on the barest of necessities, you \*could\* find pleasure in that since you're still alive and Nature can supply your necessary needs. BUT it is NOT necessary to live this way. Living among friends, discussing and practicing philosophy, making all your choices and rejections based on practical wisdom and other sound criteria, living neither with too much frugality nor descending into profligacy... That is a pleasurable life."