

Welcome Kungi!

Post by “Kungi” of July 23, 2022 at 4:00 AM

Hello!

I have been reading the forum without an account for some time now and I am very impressed by what you have built here. It is a treasure trove of wisdom in the all knowing landfill we call the internet.

About me

- currently in the later part of my thirties.
- German living in Germany
- Studied Computer Science
- Own a small consulting firm with ~10 Employees where we develop software for our corporate clients.

My way to Epicurus

For the last ten years I had an interest stoic philosophy, even once considering myself a capital S Stoic for some time. I read the stoic authors (mostly Seneca, Marcus Aurelius, Epictetus) and first came into contact with Epicurus in Senecas Letters to Lucilius. I was prone to bursts of anger and practical Stoicism helped me to become much calmer and happier person. But there are some teachings in Stoicism that don't fit well with the way I see the world. Especially that virtue is the end and that peace of mind only might follow from virtue never convinced me. I always thought that it should be the other way around, that peace of mind should be the goal.

After reading Hiram Crespo's essay about Epicureanism in the book "How to live a good life" I had a look at Epicureanism. I read his book "Tending the epicurean garden" and am currently re-reading it and organising my notes.

Interests

My Interests are for the most part in applied philosophy. If philosophy does not change the way I live my day to day life, what is it good for. I keep a list of open questions at hand. Maybe you can guide me to interesting articles / forum posts addressing these:

- What is virtue for an epicurean?
- How does it differ from stoic virtue?

- How do you apply these virtues?
- What practical epicurean exercises are there?
- What are the practical differences between Epicureanism and Stoicism. Where would an Epicurean act differently from a Stoic?

This is the beginning of my epicurean journey. It is very pleasurable so far :-D.