

# Do Pigs Value Katastematic Pleasure? ( Summer 2022 K / K Discussion)

Post by "Pacatus" of July 18, 2022 at 3:27 PM

I haven't been here for awhile, and just finished reading through this thread. Three comments:

First, I want to thank Godfrey and Don for pointing out that "natural and necessary" etc. refer to desires, not pleasures. I made that error on my personal outline, and will now correct.

Second, I do not find a *sharp* distinction between kinetic and katastemic pleasure to be personally helpful; I tend to think of them as complementary, perhaps shading into one another. With that in mind (as I play more with Latin than Greek), I tend to use *amoenitas* -- rather than the traditional *voluptas* -- to render *hedone*. *Amoenitas* can mean both pleasure/pleasureableness and pleasantness. <https://en.wiktionary.org/wiki/amoenitas> (Though I sometimes use *voluptas* as well.)

A phrase that I use for my own contemplation is "In *amoenitate* et *otio* manere" -- To abide in pleasantness/pleasure and ease.

Third, I think this statement by Cassius is critically important: "On an individual level it is essential that we know our own selves and identify what types of pleasure are most valuable to our own natures." And I tend by nature to be more of an introvert. 😊