

# Pleasure, Desire and Limits

**Post by "Cassius" of July 18, 2022 at 11:07 AM**

Right, we do limit desires, even the desire for life to accommodate us to our mortality.

The issue I think is how to articulate how much of anything to pursue.

The answer cannot be "no more than causes any pain" because we sometimes do chose pain as Epicurus said, for greater pleasure, and we seek not that which is longest but the most pleasant.

The great problem is that much Epicurean discussion makes it sound like Epicurus was a modern minimalist, whereas "the least in every aspect" is not necessarily or even likely to result in the greatest pleasure (UNLESS you get tripped up on the "go live in a cave" outlook on the things we have been discussing).

The trick is to give full effect to [VS63](#) in a way that applies generally as a philosophic guide.