

# Do Pigs Value Katastematic Pleasure? ( Summer 2022 K / K Discussion)

Post by “Godfrey” of July 1, 2022 at 4:57 PM

## [Quote from Cassius, of Arenson](#)

Epicurus made a name for himself in the ancient world when he identified pleasure with the absence of pain and proceeded to distinguish it from a second, seemingly different variety of pleasure--that found 'in motion' (kinetic).

As I've been struggling to express above, I'm beginning to have what I think is an answer to this argument. FWIW I'll try to clarify it here.

1. Pleasure and pain are, first and foremost, feelings.
2. Pleasure and pain are opposing feelings, so absence of either of them implies the maximum quantity of the other by definition.
3. Properly understanding natural science results in an abiding absence of pains which are due to fears of the gods, fears of death, and other fears caused by common myths. It also gives us knowledge of how to best live our lives in our particular circumstances, through prudent choices and avoiding of desires to pursue.
4. This abiding absence of pain due to understanding natural science is the only pleasure that could be properly considered katastematic. All other pleasures and pains come and go. Being pleasantly full for two or three hours is not, to my current thinking, katastematic. However living in a situation in which you will never have to worry about hunger, due to your reasoning about pleasures and pains concerning food, could be considered katastematic regarding hunger.
5. This abiding absence of pain is a pleasure which is properly referred to as wisdom and is also called ataraxia. If Epicurus indeed ever used the term "katastematic pleasure", which is debatable, I propose that this is what he was referring to. By this interpretation katastematic pleasure isn't meant to refer to being replenished, or to any specific part of the neurological process of experiencing pleasure. It's simply a background condition that we've created for ourselves through correct study and correct reasoning.

Could this be a valid counterargument to the above quote? Or am I misinterpreting something?