

# **Pleasures of the soul, Values, Meaningful Life**

**Post by “Cassius” of June 27, 2022 at 1:14 PM**

One more contextual issue that I think is underappreciated but very important is the issue of time. All things being equal, if we had plenty of time, then it makes more sense to defer action when some amount of pain is required. In the big picture, however, life is very short, and for an eternity we are nothing after we die. In my mind that is a factor that compels us to be very serious about how we make this calculation, and to realize that some pain is required in virtually everything we do in life.

As Horace said, seize the day. Or, make hay while the Sun shines.