

# **Welcome Phillip1 !**

**Post by "Cassius" of June 26, 2022 at 2:31 PM**

Welcome Phillip1!

You are indeed doing it right! We have the standard post which is now pasted above to welcome new users, but I have moved your post into this thread to keep things together.

There are many ways to interpret certain aspects of Epicurus' teachings, and there are many obstacles to being confident about some of them (especially so many texts were lost!) but that is the purpose of this forum - to allow people to compare notes and discuss and learn as they proceed.

You have stated your first post in a way that is more focused on minimalism and escaping pain than I think most of us here would say it (most here would say that the focus is always on "the feeling of pleasure" rather than on any particular pleasure or means of achieving it) but most all of us start out having come from different places (from Stoicism, from Buddhism, from standard Christianity) and it takes time to consider and think through what Epicurus was saying.

So again welcome and we look forward to hearing more from you.