"Medicine" of Epicurus: Removing Fear and Finding Freedom

Post by “Don” of May 31, 2022 at 11:26 PM

> Quote from Cassius
>
> But in most cases, even if you were actually on the Titanic, I think it would make the most sense to use every second...

In these contexts, I harken back to a Tibetan Buddhist saying:

> Quote
>
> If you were to fall to your death from a very great height it would be a shame not to enjoy the view as you fell, or to appreciate the wind in your hair or warmth of the sun on your face.

So, yes, if there's a chance of survival, work on surviving. If you fall out of an airplane, squeeze the last iota of pleasure from your life.