

# Love After Love

Post by "Pacatus" of May 10, 2022 at 4:30 PM

[Quote from Scott](#)

the ravages of idealist perspectives.

I was heavily conditioned ("Pavloved") in such self-ravaging perspectives growing up, and they were reinforced over and over -- by family, culture, religion -- throughout my adulthood. [I sometimes think that such conditioning is like a years'-long slow hypnosis, with deeply embedded, subconscious, post-hypnotic triggers.] It took a long time -- and some wise counsel -- to begin to overcome them. I still get caught up sometimes.

Thanks for this! 😊