

# "Religion is a part of me"... how to deal with that?

**Post by "Eoghan Gardiner" of May 5, 2022 at 5:53 PM**

This topic is something I struggle with till this day... I was raised catholic and have gone back forth from catholicism to epicurean philosophy many times...I was even a catholic monk for a short time.

There is a reason PD1 is so important. Anyway I don't have much to add but I know the feeling of a religion feeling inescapable...I believe [Cassius](#) may have similar experience if I recall from previous conversation years ago now..