

# Atlantic article about enjoyment vs. pleasure

Post by “Don” of May 5, 2022 at 2:53 PM

Well put, [Joshua](#) .

I get the impression that the Cyrenaics felt that the only pleasure worth considering was the one you're experiencing \*right now.\* There's some nuance to that statement, but, by and large, that seems to be their position. In the immortal words of Janis Joplin, "get it while you can!" Epicurus's philosophy was a direct repudiation of the cyrenaic position in that he advocated taking pleasure in past pleasures as well as looking forward to future pleasures and mental pleasure like this was worthwhile. According to the Cyrenaics, physical pleasure experienced here right now is the only worthwhile pleasure, the only pleasure you're sure of. Mental pleasure -pleasure experienced only in the mind as memory or anticipation - doesn't count.