

# Atlantic article about enjoyment vs. pleasure

Post by "Eoghan Gardiner" of May 5, 2022 at 10:28 AM

[Quote from Cassius](#)

[Quote from Don](#)

[Quote from Don](#)

"If it feels good, do it" is Cyrenaic.

I have to wonder if even the Cyrenaics were so short-sighted. Wish we had more texts from them too.

I have to wonder too. I've lived that lifestyle it just eventually leads to a lot of pain.