

Atlantic article about enjoyment vs. pleasure

Post by "Cassius" of May 5, 2022 at 9:11 AM

[Quote from Don](#)

The only caveat for readers of this forum that I'd add is that all pleasure is (a) good (feeling), *but* not all pleasure (good feeling) is choiceworthy.

Yes. The issue that some people still stumble over, despite the clarity of that sentence, is that "choiceworthy" is not an objective standard either. Phrasing with words like "worthy" rings of Stoic / absolute flavor, but only the person having the experience can decide whether it is choiceworthy - whether the pleasure that will be obtained is worth the pain that will be required. We can make generalizations and predictions about consequences, but there's no supernatural or objective standard that tells everyone to make the same decision. One man's trash is another man's treasure.

[Quote from Don](#)

Context and consequences are also fundamental parts of Epicurus's philosophy.

And that's the reason only the the person experiencing the pain or pleasure is in a position to make the decision on how to choose between actions.

[Quote from Don](#)

"If it feels good, do it" is Cyrenaic.

I have to wonder if even the Cyrenaics were so short-sighted. Wish we had more texts from them too.