

Atlantic article about enjoyment vs. pleasure

Post by “Eoghan Gardiner” of May 5, 2022 at 7:55 AM

When someone says certain pleasures are better than others I have to ask WHY? The only answer is that this certain pleasure feels better to that individual.

My point is there is no objective better or worse pleasure it's all subjective to the individual. This idea of separating pleasures into higher or low, or separating pleasure from happiness is just wrong. Pleasure is the guide to happiness and happiness is feeling pleasurable.

People like to say wouldn't you prefer to read a good book rather than have an orgasm or eating a good chocolate bar as if there is some objective standard. Quite frankly I answer it depends on what I'm in the mood for. Maybe I'm being too simplistic I just don't think epicurus would have objective lists of which pleasures are better.

Enjoyment vs pleasure...how can I know if I enjoy something if it doesn't feel pleasurable. Can I use a syllogism to figure out if I enjoy something or can I just feel it?