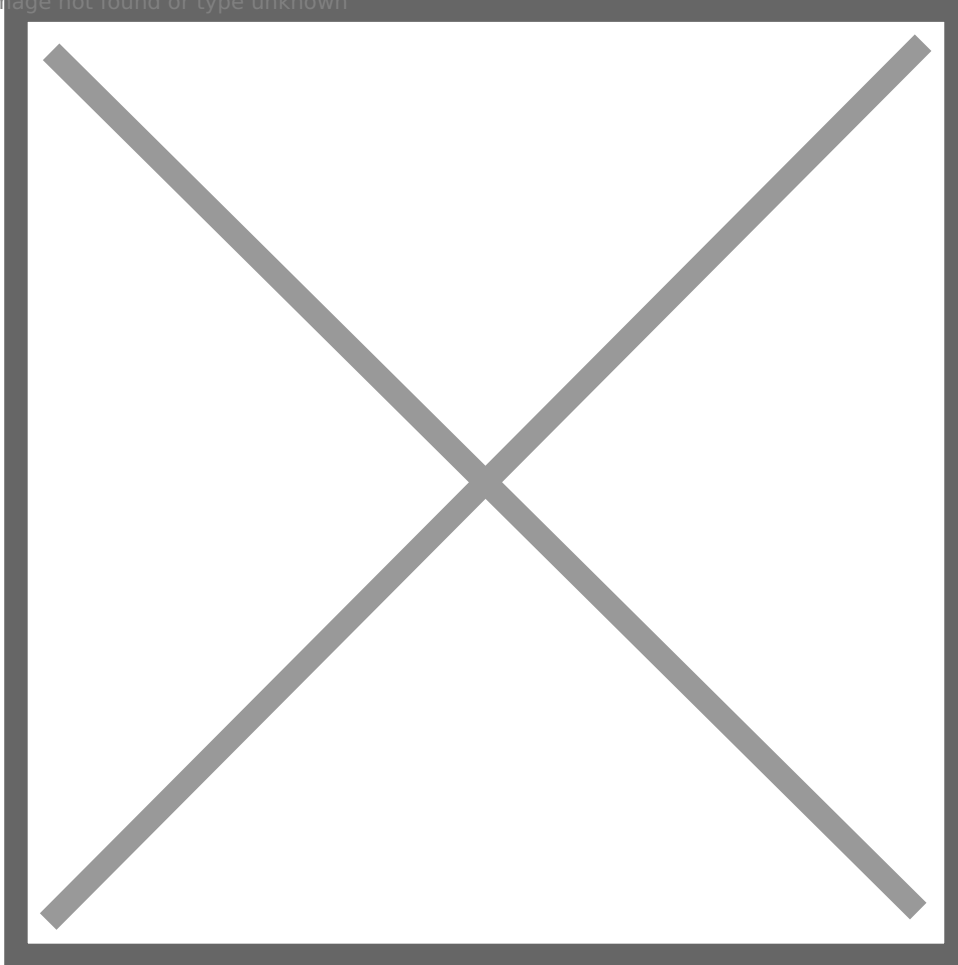


# "Fun feels good" (Next Big Idea podcast episode)

Post by "Don" of May 5, 2022 at 7:32 AM

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[FUN: How to Have More of It by The Next Big Idea](#)

megaphone.link

Fun is a feeling of Playfulness, Connection, and Flow.

Joy. Delight. Fun!

More information for my (probably never to be written 😊) book *Pleasure is Not a Four-letter Word: The Garden Path to Happiness*.

<https://www.epicureanfriends.com/thread/2502-fun-feels-good-next-big-idea-podcast-episode/?postID=17869#post17869>