

# Talking About Epicurus With Someone Who Is A Stoic (Or Of Some Other Anti-Epicurean Philosophy)

**Post by “Eoghan Gardiner” of May 5, 2022 at 5:42 AM**

one thing I didn't appreciate when I was younger (around 2017) was that the physics of Epicureanism is the foundation of the ethics. Its not something that we can let behind but it should be something that we mention with out ethics.

Many modern "philosophies of life" deny the physics of their founders, which means they have no foundation for their ethics. The ancients realised that we must draw our ethics from what we think of the world..I think this is key and something I'm only appreciating lately.