

Is Rational Emotive Behavioral Therapy Compatible with Epicureanism?

Post by "Don" of May 4, 2022 at 10:53 PM

[Quote from Godfrey](#)

Catholic confession

I'm not entirely convinced that the practice of classical Epicurean frank speech by teacher and student didn't influence Catholic confessional practices. (I know, I'm exhibiting Dewittian tendencies here!) Descriptions in Tsouna's *The Ethics of Philodemus* sound very confessional-like.