

Is Rational Emotive Behavioral Therapy Compatible with Epicureanism?

Post by “Kalosyni” of May 4, 2022 at 4:37 PM

Quote

For, indeed, it were better to follow the myths about the gods than to become a slave to the destiny of the natural philosophers: for the former suggests a hope of placating the gods by worship, whereas the latter involves a necessity which knows no placation.

This seems to point toward the retaining of hope that prayer (or sacrifices to the gods) would be effective, rather than believing in a destiny which cannot be changed.

So perhaps I should pray to Aphrodite? -- lol 😊