

Atlantic article about enjoyment vs. pleasure

Post by "Cassius" of May 4, 2022 at 9:04 AM

It would be nice to collect some pithy sayings that illustrate this point -- to the effect that

"If you're not sure where you're going, you can't get there simply by walking faster!"

There must be millions of sayings that illustrate how doubling down on current activities - or just "fine-tuning" them or "getting therapy" for them is a dead end.

Something about the definition of insanity being doing the same thing over and over and expecting a different result? 😊