

# Is Rational Emotive Behavioral Therapy Compatible with Epicureanism?

Post by "Cassius" of May 4, 2022 at 8:47 AM

[An example of practical Epicurean advice for fixing problems and not just "coping" ->](#)

[PD27](#). Of all the things which wisdom acquires to produce the blessedness of the complete life, far the greatest is the possession of friendship.