

Atlantic article about enjoyment vs. pleasure

Post by "Godfrey" of May 3, 2022 at 8:33 PM

I'll chime in briefly with [PD10](#) (Peter Saint-Andre translation):

"If the things that produce the delights of those who are decadent washed away the mind's fears about astronomical phenomena and death and suffering, and furthermore if they taught us the limits of our pains and desires, then we would have no complaints against them, since they would be filled with every joy and would contain not a single pain or distress (and that's what is bad)."

This is a pretty succinct statement of the "goal" of Epicurean philosophy, although you might have to read it a couple of times and let it percolate.