

Atlantic article about enjoyment vs. pleasure

Post by "Cassius" of May 3, 2022 at 1:37 PM

Reneliza if you were to ask that question many places on the internet you might get an answer like this:

[Pleasure as the Highest Good - a short reading from Epicurus' 'Letter to Menoecus' - The Daily Idea](#)

Epicurus argues that pleasure is the highest good in this classic reading from Letters to Meneoecus
thedailyidea.org

Introduction

In this passage from the Letter to Menoecus, Epicurus (341 - 270 B.C.), summarizes two of his most famous ethical doctrines: that death should not be feared and that pleasure is the highest good. However, pleasure for Epicurus is not the indulgence of fine foods, drinking beer, and sex. Pleasure is simply the absence of pain. So for Epicurus, a simple life of quiet contemplation is the most pleasurable and therefore ideal life.

And from that you might conclude that fine food, drinking beer, and sex are not pleasures at all!

I for one would disagree strongly that that is what Epicurus taught.

So this is a very important topic.