

Welcome DailyEpicurus!

Post by “DailyEpicurus” of April 25, 2022 at 7:11 PM

Cheers! Thank you for the welcome!

My name is Adam, my username DailyEpicurus I chose because that is the username of a Twitter account I run.

I’m relatively new (1 year or so) to Epicureanism, but I’ve never had something resonate with me so deeply, so profoundly. I can’t get enough of Epicureanism. I have a pretty large library built up, both physical and digital.

I repeat the 4 Part Cure to myself daily, especially in moments of anxiety, worry, etc.

Love that your suggested books includes ‘A Few Days in Athens’ - I adore that book.

If I could be so bold to suggest an addition to the list, I’d say “The Epicurean Inscription” by Diogenes of Oinoanda would be a great addition!

Thanks again for the welcome!