

Atlantic article about enjoyment vs. pleasure

Post by "Don" of April 8, 2022 at 5:49 AM

I really want to write a book (in my spare time 😊) entitled:

Pleasure is not a Four-Letter Word

The Garden Path to Well-Being

and lure people in under the guise of a "self-help" book but - surprise! - it's really an introduction to Epicurus's philosophy.