

Let's explore and reclaim pleasure

Post by “Godfrey” of March 5, 2022 at 5:19 PM

From reading the article it seems like there are interesting connections to be drawn, such as the solar plexus having an association with sight and the throat having an association with listening. I don't go in for the woo, but there are connections throughout the body that we don't normally think of and which can perhaps deepen understanding of certain pleasures and pains in some instances.