

What holds me back from embracing EP

Post by “EricR” of March 1, 2022 at 5:37 PM

[Quote from Don](#)

I am in awe of the universe and its complexity and my miniscule existence in it, and I can take pleasure in that contemplation.

Couldn't agree more, [Don](#). I was once visiting a mountain range and was sitting on a rock ledge. It suddenly dawned on me that if this was the moment in geological time that this particular rock ledge gave way, I would be swallowed up. Talk about feeling tiny! I started to actually shake. So I quietly got up, thanked the ledge for not killing me and went home for a glass of wine. (ok, 2 glasses) 😊