

# What holds me back from embracing EP

Post by “Godfrey” of March 1, 2022 at 11:59 AM

@EricR personally I find PN03 very comforting. Over my lifetime I've spent years trying unsuccessfully to come to terms with the supernatural aspects of various religions and philosophies. It was only upon discovering EP that I felt like I'd "come home".

I certainly don't *know* that all is atoms and void, but the best scientific observation over centuries has failed to verify a supernatural phenomenon. If one was to be verified, then I would do my best to understand how that impacts my world view. Actually, "atoms and void" is now understood as matter/energy and void ( [Martin](#) is much more qualified to discuss this than I am!) but, as I see it it still precludes the supernatural.

As I have read some of the ancient arguments for and against atomism over the last few years, I've become increasingly unconvinced by the arguments against. For me, such arguments, at least in the west, are often more concerned with political power than the search for truth. Whether East or West, however, I find that EP is the philosophy that has most accurately anticipated the development and conclusions of modern science and thus can provide a relevant guide to living well.

Even with no supernatural, there's still no end to the mystery of life and the universe! For me, understanding the universe as atoms and void only removes the myth making. I can still enjoy the myths as myths, and often learn from them. But I find an enormous sense of wonder and joy in living in a material universe in which I am an emergent property.