

On Unhealthy Social Media Use / If Epicurus Were Alive Today, Would He Use A Smartphone?

Post by “Matt” of February 21, 2022 at 2:25 PM

I obviously very much disagree that this subject is being presented “incorrectly” since there is ample evidence in the medical community that there is a wide scale issue and to simply ignore that fact would be adding to the problem. Whether it comes down to the companies that are the facilitators or users who don’t know how to manage their online time in a healthy way, there is an obvious issue.