

# From The "Golden Mean" to the "Summum Bonum" - Useful or Deceptive Frames of Reference?

Post by "Don" of February 17, 2022 at 10:44 AM

## [Quote from Cassius](#)

But we still arrive at the same point once we identify "Pleasure is the Greatest Good:" because the daily question that has to be answered moment by moment is "What next?"

You use that to wisely inform every choice and rejection in the conduct of your life. Pleasure is your North Star, the lighthouse by which to steer your little boat.