

Godfrey's Epicurean Outline

Post by "Cassius" of December 23, 2018 at 3:24 PM

That's very interesting and I have two followups:

(1) so is there something about you that spurred your interest in Zen?

(2) If in your "practice" category you are looking in part for "what can I do every day to keep connected with Epicurean thinking and see myself as part of a community of like-minded people" then that is exactly one of the main questions before the house that we need to be working on in this forum.

And Godfrey, pat yourself on the back every time you think about the fact that you are not wasting as much time on Facebook as some of us are 😊 Here I am really going to work to keep the community discussions productive, and the ban hammer is going to fall more quickly here on people who are just so negative or pessimistic that they black pill the whole site.

And that's something that we will always deal with going forward. Epicurus is identified in common understanding as an "anesthesia" philosopher much like the Stoics, and so we are always going to draw a certain number of people who are so hurt (in many ways) that they just cannot see beyond the immediate need to escape pain. And while I want to do was much as we can for them, there is a natural limit to what can be done.

That's the reason for my posting [that Nietzsche quote today](#).