

# What Do You Take From The "Golden Mean" of Aristotle?

Post by "Cassius" of February 12, 2022 at 10:42 AM

[Quote from smoothiekiwi](#)

stuff, and tried only to active my dopamine reserve (which obviously failed). And that, in turn, led me to doubt Epicureanism.

I guess what you mean here is that you simply pursued whatever you found pleasing, without regard to ultimate consequences, so you were ignoring Epicurus' clear statement to look to the ultimate result?

If that's what you mean, then ultimately concluding Epicurus was right did not need to be tied to an understanding of dopamine or any other detailed science that was not available to him.

Do I misunderstand your reasoning and how you reached your conclusion?