

# Is motivation to pursue pleasure the same as the motivation to remove pain?

Post by “Cassius” of February 10, 2022 at 11:39 AM

[Quote from Kalosyni](#)

It's important to see that if one just launches into pursuing pleasure then there is a chance that is it just a temporary "band-aid"...although there could be a place for this in some situations.

Yes I agree with this. Another reason is that of course we often choose pain for the larger-scale results, so even when we are in pain we might need to choose MORE pain (temporarily) to get out of the particular situation we are in.