

# One way of Re-framing EP - expose the hidden context

Post by "Don" of February 9, 2022 at 3:33 PM

[Quote from Kalosyni](#)

one's own pleasure must be set aside for these goals. For example, pursuing the perfection of a virtuoso violinist, a prima ballerina, or an olympic champion

The question of "Does this bring me pleasure?" can only be answered by those violinists, ballerinas, and champions. In many if not most cases, I would think they'd have to answer "yes."