

# 2022 Epicurus vs Buddhism Compare and Contrast Thread

Post by “SimonC” of February 5, 2022 at 6:08 AM

An interesting article about various cultures view of death and the self, with surprising results: [Death and the self. Nichols et al.](#)

## Quote

Compared with other groups, monastic Tibetans gave particularly strong denials of the continuity of self, across several measures. We predicted that the denial of self would be associated with a lower fear of death and greater generosity toward others. To our surprise, we found the opposite. Monastic Tibetan Buddhists showed significantly greater fear of death than any other group. The monastics were also less generous than any other group about the prospect of giving up a slightly longer life in order to extend the life of another.