

Opening Post On Distinguishing Epicurean Philosophy from Buddhism

Post by “Godfrey” of December 18, 2018 at 7:05 PM

My understanding is that they are considered to have been part of one of Buddha's first teachings and transmitted orally after that, until they were eventually written down. However this wikipedia article provides much more detail than I was aware of, both as to their origin and to their centrality in various branches of Buddhism:

https://en.m.wikipedia.org/wiki/Four_Noble_Truths