

2022 Epicurus vs Buddhism Compare and Contrast Thread

Post by “Matt” of January 31, 2022 at 11:38 AM

Again, whatever form this “enlightenment” is, is specific to Buddhism. So if you can’t think your way to enlightenment and you practice it...that begs the question what are we being enlightened to? It means that the Buddha is making a very specific claim about the world that is only accessible through certain practices.

Meditation in its own right could be a pleasurable experience, but meditation to achieve “enlightenment” in the Buddhist context is very different.

These are two very separate things.