

# Good General Reference Post Contrasting Buddhism with Epicurus

Post by "Scott" of January 29, 2022 at 10:59 AM

## [Quote from Cassius](#)

Since we are devoted to studying Epicurus here rather than competing viewpoints, I doubt it would make much sense to pursue any systematic study of any "minor" religion or viewpoint unless a significant number of us here have confronted it and need "ammunition" against it.

I totally understand what you are saying, [Cassius](#) . I was thinking also that another value to discussing other philosophies and viewpoints would not just to have "ammunition" to defeat them, but to learn from how they might interface with EP and how people might benefit. For instance, a common discussion in the EF is how to IMPLEMENT Epicurean philosophy. EP per se doesn't offer much specifics on how to do this. I have found great nuggets from Stoicism and Buddhism and many other perspectives that do. These expand and augment my EP experience. And "implementation" is not the only area where discussing other viewpoints can provide benefits.