

2022 Epicurus vs Buddhism Compare and Contrast Thread

Post by "Don" of January 28, 2022 at 1:40 PM

[Quote from Kalosyni](#)

But the main take away here is that Buddhism has as it's goal the removal of suffering.

Well summarized! And, interestingly enough, there are some/many who would unfortunately describe Epicurean philosophy the same way: the removal of pain is the goal.

I think your next statement, [Kalosyni](#) , is exactly on point:

[Quote from Kalosyni](#)

Epicureanism has as it's goal the experience of pleasure

I wanted to say too that my understanding is that Buddha didn't seem to question the underlying cultural concept of rebirth. He taught that his path led to the cessation of rebirth. I suppose that could be understood as being reborn every moment. I found your saying this very interesting:

[Quote from Kalosyni](#)

Basically this: that consciousness depends on the body

That sounds nearly identical to what Epicurus would say in the [Principal Doctrines](#). 🤔

So it sounds like what you're saying is that Buddha used the terminology of "rebirth" but recontextualized it to mean moment by moment "rebirth" of my consciousness in this life? Color me intrigued 😊

I also found the raft reference intriguing in light of Epicurus's use of harbors and little boats as metaphors.

Excellent posts, [Kalosyni](#) . Thanks!