

Cultivation of Friendship within Epicureanism

Post by “Kalosyni” of January 21, 2022 at 8:53 PM

More tips...Here is a small-talk method called 'FORD'.

Small talk is good for conversations at parties, or meeting new people in new situations, with the goal to make people feel more comfortable. From these kinds of questions, you can begin to see what kinds of things you have in common, which might lead to a friendship. Tip: keep it light and easy, and take turns asking and answering, so that it is a back-and-forth conversation.

F - Family:

"Where are you from originally?"

"Where did you grow up?"

"Do you still have family there?"

"Do you have any brothers or sisters?" or "Did you come from a big or small family?"

If applicable: "How did you meet your _____?"(husband/wife/partner).

If applicable: "Do you have kids? How old are you children?"

"Do you have pets?" "What is your dogs name?" "How old is your dog?"

O - Occupation

"What keeps you busy these days?" (this is a good way to ask, in case they are unemployed).

After they answer then: "Oh, that's interesting, how did you get involved with that?" (or How did you get started with that? How did you get involved with that company?)

How long have you been in your field?

What's the best part of your job?

(or if in school, What's the best part of school? Your favorite course/subject?)

R - Recreation (interests and hobbies) (Make sure you don't take over the conversation... Remember you are looking for similarities).

"What do you do for fun?"

"Do you play any sports?"

"Have you seen any good movies lately?"

"Do you have any hobbies?"

"How did you become interested in that?"

"What do you like to do on weekends?"

"Have you heard the new song by _____?"

"Do you have a favorite restaurant that you like to go to?"

D - Dreams (goals) -- (Smile, listen, learn) (What gets them up in the morning) (motivation and goals, short-term dreams, long-term dreams)

"Any plans for the summer?"

"Have you traveled before?" or "Is this your first trip?"

"If you could travel anywhere in the world where would you go?"

(Ask about what they want to see and do)

If they are working on a project (or taking a course) - "How did you get interested in that?"

"What will you do once you finish this project?" (or course)

(If they just finished reading a book) "What did you like about the book?" "What do you want to read next?"

(Source: <https://m.youtube.com/watch?v=gIBGzRw1rWw>)