

# An Epicurean Understanding of Valentine's Day: Love, Romance, and Free-will

Post by "Kalosyni" of January 19, 2022 at 11:59 AM

Sharing a common worldview could be an important compatibility factor in maintaining a happy romantic relationship. This might explain why some couples divorce after the children are grown and move out of the house.

Now thinking...if one person holds an "Epicurean" worldview and the other does not, the relationship could still function but might not be as deep or connected. The drives and choices one makes come from one's worldview. Also, both short-term and long-term goals come out of one's worldview. In a long-term relationship the couple needs to jointly create either a shared or an overlapping worldview, with at least one ongoing shared activity.

A couple could define a shared worldview (and could have more than one of the following):

"Let's have an intellectually meaningful life" (studying; learning)

"Let's have a spiritually centered life" (personal-growth; religion)

"Let's have a family centered life" (time with children, families of origin, extended family)

"Let's help the world" (volunteer work; teaching)

"Let's change the world" (politics)

"Let's have a beautiful life" (aesthetic enjoyment; generating and spending wealth)

"Let's have a fun life" --- (doing activities which are enjoyable; socializing; traveling)

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I would say that the Epicurean worldview is a mix of "fun and meaningful".

Some of the above ideas in the list are from an online article...I added in quite a bit of my own ideas...and this list might still need more added).

Source: <https://www.marieclaire.com/sex-love/a4175...r-is-worldview/>

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The deeper importance of all this is to consider your "worldview" compatibility before you enter a long-term relationship.

If you are already married, you can work toward creating an overlapping worldview with common shared goals and shared activities.

This also means that if you are very enthusiastic about Epicureanism, how is your partner going to respond to that? How might you include your partner? How might you forgive/respect your partner if it seems that there is no way to include them in your enthusiasm for Epicureanism. (tip: make sure you have another area in your life that you are both equally enthusiastic about). This is all common sense, but presenting these ideas just in case, hope they are helpful. 😊