

Hiram Crespo on The Pursuit of Happiness, Epicurean Philosophy, and Changing Your Mindset

Post by “Hiram” of December 14, 2018 at 2:23 PM

i Thought this link was dead but I see that the “Shakers and Movers” podcast guy still has his webpage.

[Http://tomchurch.co.uk/hiram-crespo-on-the-pursuit-of-happiness-epicurean-philosophy-and-changing-your-mindset/](http://tomchurch.co.uk/hiram-crespo-on-the-pursuit-of-happiness-epicurean-philosophy-and-changing-your-mindset/)