

# Cultivation of Friendship within Epicureanism

Post by “Kalosyni” of January 16, 2022 at 9:25 PM

Some tips for where and how to make new friends from an online article (will include link below).

--- Find new friends where you work - this sounds practical, however won't work for those who work from home, or are retired, or unemployed.

---"Micro-communities are another great way to find new friends while also doing activities that you love. Have a penchant for gardening or volunteer work? Groups like that still exist—just browse social media or your local newspaper. Can't find your dream group? Now's a good time to start it yourself."

More tips from the article:

- \* Confidence is key. Arm yourself with a good self-introduction and be ready to engage in casual conversation with people you come across.
- \* Put in an active effort. Friendships rarely just happen.
- \* Say yes to safe, socially distanced opportunities. On the flip side: Have a good reason to say no.
- \* Remember: You set the expectations for your own space.
- \* Keeping up with a routine can offer strong support to virtual friendships.
- \* Use your network however you can.
- \* Be kind to yourself. It might be hard to make friends at first. Remember, there are people who want to be your friend.

Source: <https://www.wsj.com/articles/how-t...mic-11600782801>