

## **PD10 - Interpretations of PD 10 Discussion**

**Post by "Kalosyni" of January 11, 2022 at 12:08 PM**

It is my conclusion, though I don't yet know if we can determine if Epicurus would have agreed.

So another way of saying it is:

---The sweetest kinds of pleasures will not come with any regrets.---

Because the kinds of regrets that I am thinking about are:

- 1) You ended up causing more pain to yourself than it was worth - you went for a short-term pleasure that is now causing you on-going long-term pain.
- 2) You ended up causing pain to someone else - and now you must live with a variety of consequences resulting from that.
- 3) You sacrificed pursuing your own pleasure or freedom, in order to maintain some aspect of the "status quo" of your life - so later you think back and regret that you didn't choose to be more bold and live more fully.

And to define the "sweetest kinds of pleasures" - these would be things that are important in life, such as friendship and comradery - and so they are longer lasting pleasures that are always good all around.